Chocolate Covered Strawberries

This is one of my all-time favorite protein shakes, as it is packed with vegan protein and greens, and it tastes great. I usually have frozen strawberries in the freezer and my Arbonne chocolate protein on hand. And adding a large handful of spinach to my smoothies, is a wonderful way to add more greens without even tasting it!

HINT: If you find your spinach begins to get soggy because you're not eating it quick enough, just store it in a gallon-sized freezer bag and freeze. This is such a great way to keep spinach on hand and it's easy to break off a large handful of spinach to add to your smoothie.

Ingredients:

- 1 cup almond milk
- Large handful of frozen strawberries (about 1-2 cups)
- Large handful of spinach (about 2 cups)
- 2 scoops of vegan protein
- For extra health:
 - 1 scoop of MushroomPowder Daily Defense
 - 1 scoop of GutHealth Prebiotic Fiber
 - 1 scoop of BeWell SuperfoodGreens powder
 - 1 scoop of Daily Multivitamin & Mineral powder

Strawberries

Vegan protein shake
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(NOTE: The products listed can be found: <u>www.jeanninequigley.arbonne.com</u>)